



PROFORMANCE  
COACHING

- ***Example term time schedules for all 3 Assistant Coaches, subject to change.***
- ***During half term weeks, 27.5 hours per week plus football sessions will replace school provision.***
- ***1-2-1 sessions and football birthday parties are also available as additional hours.***

### **Example 1**

#### **MONDAY**

5:00 – 6:00pm: Football Session **(BS32)**

#### **TUESDAY**

#### **WEDNESDAY**

#### **THURSDAY**

5:30 – 6:30pm: Football Session **(BS35)**

#### **FRIDAY**

5:00 – 6:00pm: Football Session **(BS37)**

#### **SATURDAY**

9:00 – Midday: Football Session Cover

## Example 2

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

5:30 – 6:30pm: Football Session (**BS35**)

**FRIDAY**

5:00 – 6:00pm: Football Session (**BS37**)

**SATURDAY**

9:00 – Midday: Football Session Cover

### Example 3

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

5:00 – 6:00pm: Football Session (**BS37**)

**SATURDAY**

9:00 – Midday: Football Session Cover