



PROFORMANCE
COACHING

- ***Example term time schedules for all 6 Lead Coaches, subject to change.***
- ***During half term weeks, 35 hours per week plus football sessions will replace school provision.***
- ***1-2-1 sessions and football birthday parties are also available as additional hours.***

Example 1

MONDAY

3:30 – 4:30pm: After School Club **(BS15)**

5:00 – 6:00pm: Football Session **(BS32)**

TUESDAY

3:30 – 4:30pm: After School Club **(BS15)**

WEDNESDAY

Midday – 3:00pm: School Sports Cover

3:30 – 4:30pm: After School Club **(BS15)**

THURSDAY

Midday – 3:00pm: School Sports Cover

3:30 – 4:30pm: After School Club **(BS15)**

5:30 – 6:30pm: Football Session **(BS35)**

FRIDAY

3:30 – 4:30pm: After School Club **(BS15)**

5:00 – 7:15pm: Football Session **(BS37)**

SATURDAY

9:00 – Midday: Football Session **(BS35)**

Example 2

MONDAY

4:00 – 5:00pm: After School Club (**GL8**)

TUESDAY

WEDNESDAY

3:15 – 4:15pm: After School Club (**GL12**)

THURSDAY

4:00 – 5:00pm: After School Club (**GL8**)

FRIDAY

3:15 – 4:30pm: After School Club Cover

5:00 – 7:15pm: Football Session (**BS37**)

SATURDAY

9:00 – Midday: Football Session (**GL12**)

Example 3

MONDAY

3:15 – 4:15pm: After School Club (**GL12**)

5:00 – 6:00pm: Football Session (**BS32**)

TUESDAY

3:15 – 4:15pm: After School Club (**GL12**)

WEDNESDAY

3:15 – 4:15pm: After School Club (**GL12**)

THURSDAY

3:15 – 4:15pm: After School Club (**GL12**)

5:30 – 6:30pm: Football Session (**BS35**)

FRIDAY

3:15 – 4:15pm: After School Club (**GL12**)

5:00 – 7:15pm: Football Session (**BS37**)

SATURDAY

9:00 – Midday: Football Session (**GL12**)

Example 4

MONDAY

3:30 – 4:30pm: After School Club **(GL12)**

5:00 – 6:00pm: Football Session **(BS32)**

TUESDAY

1:30 – 3:30pm: Sports Provision **(BS37)**

3:30 – 4:30pm: After School Club Cover

WEDNESDAY

Midday - 4:30pm: Sports Provision Cover

5:00 – 6:00pm: Football Session **(GL12)**

THURSDAY

1:30 – 3:30pm: Sports Provision **(BS37)**

3:30 – 4:30pm: After School Club Cover

5:30 – 6:30pm: Football Session **(BS35)**

FRIDAY

3:30 – 4:30pm: After School Club **(GL12)**

5:00 – 7:15pm: Football Session **(BS37)**

SATURDAY

9:00 – 11:00: Football Session **(GL12)**

Example 5

MONDAY

3:15 – 4:15pm: After School Club **(GL11)**

5:00 – 6:00pm: Football Session **(BS32)**

TUESDAY

3:15 – 4:15pm: After School Club **(GL11)**

WEDNESDAY

3:15 – 4:30pm: After School Club Cover

5:00 – 6:00pm: Football Session **(GL12)**

THURSDAY

3:15 – 4:15pm: After School Club **(GL11)**

5:30 – 6:30pm: Football Session **(BS35)**

FRIDAY

5:00 – 7:15pm: Football Session **(BS37)**

SATURDAY

9:00 – Midday: Football Session Cover

Example 6

MONDAY

3:15 – 4:15pm: After School Club **(GL11)**

5:00 – 6:00pm: Football Session **(BS32)**

TUESDAY

3:15 – 4:15pm: After School Club **(GL11)**

WEDNESDAY

5:00 – 6:00pm: Football Session **(GL12)**

THURSDAY

3:15 – 4:15pm: After School Club **(GL11)**

5:30 – 6:30pm: Football Session **(BS35)**

FRIDAY

5:00 – 7:15pm: Football Session **(BS37)**

SATURDAY

9:00 – 11:00: Football Session **(GL12)**