



PROFORMANCE  
COACHING

- ***Example term time schedules for all 4 Assistant Coaches, subject to change.***
- ***During half term weeks, 30 hours per week plus football sessions will replace school provision.***
- ***1-2-1 sessions and football birthday parties are also available as additional hours.***

### **Example 1**

#### **MONDAY**

3:15 – 4:15pm: After School Club **(BS11)**

5:00 – 6:00pm: Football Session **(BS32)**

#### **TUESDAY**

3:15 – 4:15pm: After School Club **(BS11)**

#### **WEDNESDAY**

#### **THURSDAY**

3:15 – 4:15pm: After School Club **(BS11)**

#### **FRIDAY**

5:00 – 7:15pm: Football Session **(BS37)**

#### **SATURDAY**

10:00 – Midday: Football Session **(GL12)**

## **Example 2**

### **MONDAY**

3:30 – 4:30pm: After School Club **(BS15)**

5:00 – 6:00pm: Football Session **(BS32)**

### **TUESDAY**

3:30 – 4:30pm: After School Club **(BS15)**

### **WEDNESDAY**

### **THURSDAY**

3:30 – 4:30pm: After School Club **(GL12)**

5:30 – 6:30pm: Football Session Cover

### **FRIDAY**

5:00 – 6:00pm: Football Session **(BS37)**

6:15 – 7:15pm: Football Session Cover

### **SATURDAY**

10:00 – Midday: Football Session **(BS35)**

### **Example 3**

#### **MONDAY**

3:15 – 4:15pm: After School Club (**GL11**)

5:00 – 6:00pm: Football Session Cover

#### **TUESDAY**

#### **WEDNESDAY**

5:00 – 6:00pm: Hockey Session (**GL12**)

#### **THURSDAY**

3:15 – 4:15pm: After School Club (**GL11**)

#### **FRIDAY**

5:00 – 6:00pm: Football Session (**BS37**)

6:15 – 7:15pm: Football Session Cover

#### **SATURDAY**

10:00 – Midday: Football Session (**BS35**)

## **Example 4**

### **MONDAY**

3:30 – 4:30pm: After School Club Cover

5:00 – 6:00pm: Football Session Cover

### **TUESDAY**

### **WEDNESDAY**

5:00 – 6:00pm: Football Session Cover

### **THURSDAY**

### **FRIDAY**

5:00 – 6:00pm: Football Session **(BS37)**

6:15 – 7:15pm: Football Session Cover

### **SATURDAY**

10:00 – Midday: Football Session **(BS37)**